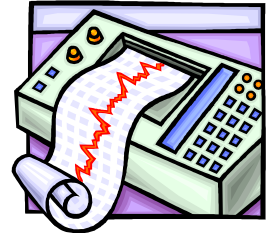


Heart Check

What is it doing to my heart?

“Above all else, guard your heart, for it is the wellspring of life.” – Proverbs 4:23



Questions to ask in evaluating the information that we allow to influence our hearts and minds (books, movies, DVD's, magazines, TV programs, news shows, internet, radio and TV preachers and teachers):

- *Is it helping me keep my life centered on Christ?*
- *Is it increasing my desire to know Christ and make him known?*
- *Is it helping me learn to lean on Christ for strength and wisdom?*
- *Is it helping me learn to more wholeheartedly follow Christ as Lord?*
- *Is it helping me grow in Christlikeness?*