

Questions for Reflection and Discussion

Be Who You Are

Warming up

What family traits have you carried with you into your life . . . for better or for worse?

Digging In

1. What are the benefits as well as the possible dangers associated with the modern call to “keep it real” or “be yourself”?
2. **Read Ephesians 5:1-14.** The NASB Study Bible summarizes these verses as “Walk in Love” (1-5) and “Walk in Light” (6-14). What do you think about those summaries and would you suggest any alternatives?
3. “Walk in Love” **Read I John 4:7-8.** What does this passage say is true about someone who “walks in” Godly love . . . and what does it say about someone who does not?
4. “Walk in Light” **Read Matthew 5:14-16** Does this passage tell us to be light, or declare that we are light? Why does this matter? What is the command given in this passage?
5. In **Ephesians 5:1 and 5:8**, We are told why Christians should be imitators of God who do not partake in the “deeds of darkness”. What is the “why”?
6. At the end of **Ephesians 5:4 and in 5:10**, We are told what Christians should do, in contrast to “sons of disobedience”. Does following these instructions *come from* who we are or *make us* who we are? What’s the difference?



Living Out

Think through and discuss the daily implications of walking in love and light because of who you are vs. in order to earn God’s favor:

- What deeds of darkness from this passage do you need to forsake in order to “Be Who You Are”?
- What do you need to devote more practice and attention to in order to “Be Who You Are”?

Questions for Reflection and Discussion

Be Who You Are

Warming up

What family traits have you carried with you into your life . . . for better or for worse?

Digging In

1. What are the benefits as well as the possible dangers associated with the modern call to “keep it real” or “be yourself”?
2. **Read Ephesians 5:1-14.** The NASB Study Bible summarizes these verses as “Walk in Love” (1-5) and “Walk in Light” (6-14). What do you think about those summaries and would you suggest any alternatives?
3. “Walk in Love” **Read I John 4:7-8.** What does this passage say is true about someone who “walks in” Godly love . . . and what does it say about someone who does not?
4. “Walk in Light” **Read Matthew 5:14-16** Does this passage tell us to be light, or declare that we are light? Why does this matter? What is the command given in this passage?
5. In **Ephesians 5:1 and 5:8**, We are told why Christians should be imitators of God who do not partake in the “deeds of darkness”. What is the “why”?
6. At the end of **Ephesians 5:4 and in 5:10**, We are told what Christians should do, in contrast to “sons of disobedience”. Does following these instructions *come from* who we are or *make us* who we are? What’s the difference?



Living Out

Think through and discuss the daily implications of walking in love and light because of who you are vs. in order to earn God’s favor:

- What deeds of darkness from this passage do you need to forsake in order to “Be Who You Are”?
- What do you need to devote more practice and attention to in order to “Be Who You Are”?