

Questions for Reflection and Discussion
Ephesians 6:17a
The Helmet of Salvation

Getting Started

What comes to your mind when you hear the word *salvation*?

Digging In

1. **Read Ephesians 6:10-18.** What spiritual resources does Paul list in this passage?
2. Salvation includes deliverance from sin's penalty, power, and presence. Look up the following references and indicate which aspect of salvation is being discussed in each passage.
 - Romans 5:1-2
 - Romans 6:11-14
 - Romans 8:23
 - Romans 8:30
3. In your opinion, what do Christians commonly mean when they use the word *salvation*?
4. Why do you think it's important for us to have a **comprehensive** biblical understanding of salvation – one that encompasses its past, present and future aspects?
5. What wonderful promise are we given in **Philippians 3:20-21**?



Getting Personal

- How do the passages above connect with the issues you're currently facing?
- **Read 1 Cor 15:58.** How can this hope for the future give us motivation and perseverance in the present?
- According to **1 John 3:2-3**, how should the hope of someday being like Christ affect the way we live now?
- What is God saying to you personally through these verses?
- What do you find most appealing about going to be with the Lord?
- As you think about the glorious future God has planned for us, how does it help you stand firm in the fight?

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